Family Challenge Week 7
(29th March – 3rd April)

challenge

'This is my body, which is given for you. Do this in remembrance of me.' And he did the same with the cup after supper, saying, 'This cup that is poured out for you is the new covenant in my blood.' **Luke 22.19-20**

This is the meal that Jesus ate on the night before he died. He and his friends remembered how God had been faithful to his people in all the good times and the bad times. Remembering is very important- we remember birthdays, weddings, sad times and happy times. It is good to share our family stories.

What bad things have happened that you remember?

When we eat and drink together we remember that God is faithful.

What good things do you remember?

Can you remember a time when God was near to you?

When do you want to know that God is near?

Is there anyone that you would like God to be close to?

Prayer:

Jesus help us to remember you,
and to know that you are always with us.
Help us to remember those who are frightened today.
Amen