

Family Challenge Week 5 (15th – 20th March)

challenge

'Are not five sparrows sold for two pennies? Yet not one of them is forgotten in God's sight. But even the hairs of your head are all counted. Do not be afraid; you are of more value than many sparrows' **Luke 12.6-7**

People worry about lots of things. Often we worry about things that will probably never happen. Sometimes we are afraid of things that we do not need to be afraid of. And sometimes all this worrying and being scared makes us feel we are all on our own. Jesus tells us that there is no need to worry or be afraid because every one of us is important to God.

Do sparrows come into your garden?
What colours are they?

I wonder how many sparrows there are in
the world?

Where do they find food to eat?
What do they like to eat? Could you put
out bird food for them?



Do you know how many hairs there are on
your head?

Jesus says God knows! I wonder how it feels
to know that God cares about every bit of
you?

How does it feel to be more important to
God than many sparrows?

Could you ask God to take care of the things
that worry and scare you?

Prayer:

Jesus, thank-you that you know everything about me. Thank-you
for caring about me. Help me not to worry and be afraid. Help me
to trust you. **Amen**

